

MEDICAL HISTORY

YOUR NAME: \_\_\_\_\_ TODAY'S DATE: \_\_\_\_\_

CHIEF COMPLAINT-WHY ARE YOU HERE TODAY?  
\_\_\_\_\_  
\_\_\_\_\_

List all eye health problems/symptoms: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

PAST, FAMILY AND/OR SOCIAL HISTORY - Please answer the following. Please write N/A if it does not apply.

**Personal Medical History:**

Have you had any major illnesses, injuries, or operations?  YES  NO Explain: \_\_\_\_\_  
Are you taking any medications (Prescriptions and over-the-counter)?  YES  NO List: \_\_\_\_\_  
Do you have any allergies to any medications?  YES  NO List: \_\_\_\_\_  
For women: Are you pregnant/nursing?  YES  NO  
Date of Last Medical Exam: \_\_\_\_\_ Doctor: \_\_\_\_\_

**Family Health History:** Please circle any condition in your **family history** and indicate relative affected. (i.e Mother, Father, Maternal Grandparent, Paternal Grandparent, Child, Aunt, Uncle)

High Blood Pressure \_\_\_\_\_ Glaucoma \_\_\_\_\_ Blindness \_\_\_\_\_ Diabetes \_\_\_\_\_ Stroke \_\_\_\_\_  
Retinal Disease \_\_\_\_\_ Lazy Eye \_\_\_\_\_ Cataracts \_\_\_\_\_ Cancer \_\_\_\_\_ Tuberculosis \_\_\_\_\_  
Macular degeneration \_\_\_\_\_ Kidney Disease \_\_\_\_\_ Heart Disease \_\_\_\_\_ Arthritis \_\_\_\_\_ Other \_\_\_\_\_

**Social History:**

Your occupation/grade: \_\_\_\_\_ Place of employment/School: \_\_\_\_\_  
List your sports, hobbies, or special visual needs: \_\_\_\_\_  
How many hours do you use a computer a day? \_\_\_\_\_  
Have you ever been exposed to ? Herpes  YES  NO HIV  YES  NO TB  YES  NO Hepatitis  YES  NO  
Do you currently use tobacco products ?  YES  NO Have you ever used tobacco products?  YES  NO  
Do you drink alcohol?  YES  NO  
Do you use recreational drugs?  YES  NO

REVIEW OF SYSTEMS- Check inside boxes if you have a problem with any of the following:

Eyes

Previous Eye Surgery  YES  NO Contact Lens  YES  NO  
If so, please explain: \_\_\_\_\_ Pain  YES  NO  
\_\_\_\_\_ Double Vision  YES  NO  
\_\_\_\_\_ Glaucoma  YES  NO  
\_\_\_\_\_ Cataracts  YES  NO  
\_\_\_\_\_ Macular Degeneration  YES  NO  
\_\_\_\_\_ Dry Eyes  YES  NO  
\_\_\_\_\_ Flashes  YES  NO  
\_\_\_\_\_ Floaters  YES  NO



PLEASE SEE BACK

**REVIEW OF SYSTEMS- Check inside boxes if you have a problem with any of the following:**

**Eyes**

- Blurred vision  YES  NO
- Loss of vision  YES  NO
- Crossed eyes  YES  NO
- Watery eyes  YES  NO
- Red eyes  YES  NO
- Mucous discharge  YES  NO
- Burning or itching  YES  NO
- Sandy or gritty feeling  YES  NO
- Eye pain or soreness  YES  NO
- Light sensitivity  YES  NO
- Chronic eye infections  YES  NO
- Tired eyes/ Eyestrain  YES  NO
- Halos/ Glare  YES  NO
- Retinal detachment  YES  NO
- Previous vision therapy  YES  NO
- Previous Eye injury  YES  NO

**Ear/ Nose/ Throat**

- Hard of hearing  YES  NO
- Ringing in ears  YES  NO
- Vertigo  YES  NO

Do you have diabetes?  YES  NO

If you answered YES to diabetes, when were you diagnosed?  
\_\_\_\_\_

List your last Blood Sugar? \_\_\_\_\_

List your last Hemoglobin A1C: \_\_\_\_\_

**Cardiovascular**

- Chest pain  YES  NO
- Dizziness  YES  NO
- Fainting Spells  YES  NO
- Shortness of breath  YES  NO
- Irregular Heart Beat  YES  NO
- Difficulty Lying Flat  YES  NO

**Constitutional**

- Fatigue/Weakness  YES  NO
- Fever  YES  NO
- Weight Gain/Loss  YES  NO

**Respiratory**

- Cough  YES  NO
- Congestion  YES  NO
- Wheezing  YES  NO
- Asthma  YES  NO

**Gastrointestinal**

- Heartburn  YES  NO
- Nausea/ Vomiting  YES  NO
- Jaundice/ Hepatitis  YES  NO

**Genitourinary**

- Pain/ Difficulty  YES  NO
- Blood in urine  YES  NO
- History of Kidney Stones  YES  NO
- History of STD's  YES  NO

**Psychiatric**

- Anxiety/ Depression  YES  NO
- Mood swings  YES  NO
- Difficulty Sleeping  YES  NO

**Endocrine**

- Increased Thirst  YES  NO
- Increased Hunger  YES  NO
- Increased Urination  YES  NO
- Increased Sweating  YES  NO
- Fingernail Changes  YES  NO

**Blood/ Lymph Nodes**

- Easy bruising  YES  NO
- Gums bleed Easily  YES  NO
- Prolonged Bleeding  YES  NO
- Heavy Aspirin Use  YES  NO

**Musculoskeletal**

- Stiffness  YES  NO
- Arthritis  YES  NO
- Joint Pain/ Swelling  YES  NO

**Skin**

- Rashes/ Sores  YES  NO
- Lesions  YES  NO
- Hives/ Eczema  YES  NO

**Neurological**

- Seizures  YES  NO
- Weakness/ Paralysis  YES  NO
- Numbness  YES  NO
- Tremors  YES  NO

**Immunologic**

- Hives  YES  NO
- Itching  YES  NO
- Runny Nose  YES  NO
- Sinus Pressure  YES  NO

List any other medical conditions not listed above:  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_